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Winter Riding Checklist



Gear (necessary)

- 🚲 Gloves or mittens
- 🚲 Sunglasses, safety glasses, or ski goggles
- 🚲 Hat under your helmet
- 🚲 Face mask/cover (for the really cold days)
- 🚲 Shoe covers or insulated boots/shoes
- 🚲 Lights - front and back
 - 500 lumens or more
- 🚲 Fenders

Stay Motivated!

- ✓ Lay out your gear the night before
- ✓ Keep a journal, make and break records
- ✓ Track your commutes on the Go! Vermont app
- ✓ Share your commuting adventure on social media (inspire others!)
- ✓ Ride with friends or colleagues

Gear (recommended/optional)

- 🚲 Bar mitts
- 🚲 Studded tires
- 🚲 Layers (wool or synthetic baselayer, mid-layer, jacket(s))
- 🚲 Rain pants
- 🚲 Waterproof backpack or pannier(s)
- 🚲 Extra light for your helmet (in addition to the handlebar-mounted headlight)
- 🚲 Good sealed coffee or tea mug (Hydro Flask makes a really good one)
- 🚲 Pump, spare tube, tire levers, patch kit

Reminders

Day before & morning of ride

- ✓ Do I have a back-up plan to get to where I'm going?
- ✓ Do I have a cell phone with me?
- ✓ Did I check the weather?
- ✓ Are my clothes and gear appropriate for tomorrow's weather?
- ✓ Are my lights charged?

Weekly

- ✓ Am I keeping my bike clean and functional?
- ✓ Do I have anyone to ride with?
- ✓ Can I take the bus part of the way?
- ✓ Are there any bike challenges coming up soon?
- ✓ Am I using the Go! Vermont app to track commutes? (hot tip: earn rewards by commuting with your bike!)